



Training for Transition (TFT)
TFT Training Consultants Registration No. 2016/022816/17
GRANT DEVELOPMENT FOR QUALITATIVE WORKING WITH VULNERABLE GROUPS



This project is funded by the European Union

Community Systems Strengthening Project

Activity Report

to be completed within 5 days of the activity completed

Date of Activity: 21 & 21/09/2017

Organised by:

TFT	UCT	WFP	BHC	GHC	Other: _____
	X				

Venue:

Ikhaya Loxolo Home

Participants

Age ranges

	0-12y	13-22y	22-60y	61y-
Male	5	1	3	1
Female	24		19	5

Level of Participation

X	Community member
	Youth Leader
	Political Leader
	Government Official
	Other _____

(attach attendance sheet)

Type of Activity

Duration:

	Hour	Day	Week
Meeting		2days	
Workshop			
Dialogue			
X Training			

Focus Area

	Child Protection
x	Food and Nutrition
	Peace Building
	Health
	Other

Activity Work package No

3.1 Access to Food and Nutrition

Activity Description

3.1 Identify health committee members to be trained as Family Supporters

Reason for/Objectives of the activity:

1. To train participants to identify families in crisis with regards to food security in the community
2. To increase food production activities such as gardening and other initiatives to promote access to healthy eating and living
3. To build and encourage a supportive environment for vulnerable and families in crisis

Short Narrative summary of the outcomes of this activity

Participants were welcomed to training, and they were all excited to be part of this training. On introduction, most participants found gardening to be more therapeutic to them, they mentioned that they forget about problems while doing gardening. These were mainly women participants, but male participants were as active as their female counterparts in the topics. Their experiences were vast and diverse, and there was a great sense of sharing among the participants. Cooking tips and food preservation were amongst the things that were shared. Access to water was observed as one of the limitations in the gardening projects, some participants have shared details of the organisations that are assisting with seeds and other gardening requirements. Most participants have a passion for food production, but the majority also mentioned that they have not really considered selling their produce due to poverty in their neighbourhood and not knowing where to start. Participants raised a concern about how their children (youth) do not want to participate in gardening, but at the same time are the ones waste a lot of food in their homes. Participants also shared ways in which they can encourage good eating habits and make vegetable more appealing to young ones in their families and communities. The majority of the participants also acknowledged that they themselves have not been role models in good eating habits, and through this training, they had realised how this influence everyone in their family and contributes to ill health. Participants also raised a concern that in most families, food is thrown away as waste, instead of thinking about the innovative ways of re-using the food, this they will factor in during the implementation phase. Participants also took a tour to the vegetable garden (in Ikhaya Loxolo Home) where participants were taken through the practicalities of growing vegetables and eventually getting a good harvest. This proved to be a very exciting session to most participants, exchanging tips in gardening and water preservation and recycling.

Recommendations or Actions to be taken forward: More practical gardening and food production, conservation and business training has been recommended to build the capacity of community to sustain their programmes. Developing organisational capacity through training, shared learning and advocacy should also be considered within the programme to sustain access to food and nutrition within the community programmes. Participants were given a fieldwork task to conduct a need analysis of what exist in the community with regards to access to food and nutrition and families at risk. The groups were divided into the wards and they had to provide a report of their investigation.

Name and Signature of person Submitting Report:



Date of Submission

2-Nov-17

Attached to this report

1. Attendance sheet
2. Photographs
3. PowerPoint presentations
4. Any other material used/presented