



This project is funded by the European Union

Community Systems Strengthening Project

Activity Report

to be completed within 5 days of the activity completed

Date of Activity: 25-Feb-18

Organised by: Ikati Nutritional Centre

TFT	UCT	WFP	BHC	GHC	Other: _____
X					Access To Food and Nutrition

Venue: New Apostolic Church Hall Klapmuts

Participants	Age ranges				Level of Participation
	0-12y	13-22y	22-60y	61y-	
Male	2		1	1	X Community members
Female	2		2		Youth Leader
(attach attendance sheet)					
					Political Leader
					Government Official
					Other _____

Type of Activity	Duration:	Hour	Day	Week	Focus Area
Meeting					Child Protection
x Workshop		3.5			x Food and Nutrition
Dialogue					Peace Building
Training			4		Health
					Mentoring

Activity Work package No 3

Activity Description Reason for/Objectives of the activity: Participants who completed their basic training in Access to Food and Nutrition, Mentoring, and Facilitation Skills demonstrate their understanding of the training received, as well as their training workshop skills, as a group.

Short Narrative summary of the outcomes of the activity: The members of the newly formed NGO (Ikati Nutritional Centre) completed their basic training in Access to Food and Nutrition, Mentoring, and Facilitation Skills in November 2018. In order to demonstrate their skills and knowledge obtained during the training period, they have to arrange and design their own training rollout, based on the acquired skills. This required that they plan a workshop on their own, including all the relevant processes, and present it to the different roleplayers. The group decided to address lack of nutrition awareness, food shortage, breastfeeding misconceptions, and the benefits and implementation of food gardens in their community. Topics covered: Aim of the workshop; learning outcomes; the necessary steps to be taken when preparing for a food garden; how to start a food garden; what to plant and when; buzz session - participants discuss what they would plant in their food gardens and who would benefit from their harvest; ice-breaker; breastfeeding by babies 0-6 months; solid food and your baby, question and answer session. The workshop was run smoothly, and all relevant aspects were covered by the members of Ikati Nutrition Centre. Constructive feedback was given by trainers, and areas of development were identified. Number of attendees: 18

Recommendations or actions to be taken forward: Going forward, participants will use these skills to mentor the members of the new organisations formed, as well as other members of the Klappmuts community

Name and Signature of person Submitting Report: Emily Basson

Date of Submission: 16-Mar-18

Attached to this report

- 1. Attendance sheet
- 2. Photographs X
- 3. PowerPoint presentations
- 4. Any other material used/presented